



the ministry messenger

Winter 2018
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Crisis Control Ministry

Neighbors Helping Neighbors



Classes Offer New Opportunities

by Bill Blackburn, Director of Training

"I feel empowered and a great sense of accomplishment completing these courses." — PDP Participant

"The classes are a blessing as I would not be able to pay for them at a community college." This is just one of the comments we have received from the participants in CCM's Personal Development Program (PDP). **Since starting the PDP in 2015, more than 400 individuals have attended the various classes and over 275 of them have returned for multiple classes.**

The PDP is a series of "life skills" classes that began with a course on Budgeting and Money Management. From that first class, we have added several new subjects such as Nutrition, Shopping and Cooking on a Budget, Transforming How Stress Affects You, Job Interview Skills, and other topics on money management and setting positive expectations. We have several wonderful volunteers who teach four of these classes and offer eleven different courses in all.

Crisis Control recognized that many people wanted to attend multiple classes, so we added a pathway to becoming a "PDP Graduate" last year. Twenty-two individuals have completed the eight required classes and graduated from the program since July 2017. Each graduate receives a small gift in recognition of their accomplishment as well as continued coaching. It's amazing to see how motivated our attendees are when trying to complete the requirements.

Gwen began attending our classes in 2016. She said, "Over the years, I have started a lot of things, but due to my struggles with drugs, I have never finished anything." Gwen admitted, "Some mornings, I did not want to come, but I did anyway." She was always smiling and participated in all of the classes she attended. Gwen's

commitment never wavered, and it was a very proud moment for her when she graduated from the PDP program last year after completing nine classes. Since then, Gwen has volunteered at two of our Poverty Simulations and is grateful that her life is improving.

The best descriptions of the program's impacts come from our participants. "I feel empowered and a great sense of accomplishment completing these courses." "The classes are helping by allowing me to finally think about the future in positive ways." "This is the exact time in my life that I need these classes." We also receive great comments about our volunteer teachers: "I loved the teacher and her energy."

Crisis Control Ministry does an awesome job of helping with medicine, food, and paying certain bills, and the PDP allows us to help our participants plan for their future. **Give a person a fish, feed them for a day; teach them how to fish, feed them for life.**



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Creating a Tradition to Give as a Family

by Shannon Heck, Philanthropy Associate

Caroline Weston Stopyra and her family have long supported the work of Crisis Control Ministry. In the late 1980s, Caroline and her family began its tradition of donating hams and turkeys to the food pantry during the holiday season. She recalled, "When we started, we had a goal of buying hams that equaled the body weight of the entire family." She added, "As we began to marry and have children, that goal increased dramatically."

Caroline and her husband Tom continued the family tradition and began donating fresh turkeys. Over the years, the turkey delivery program has grown and evolved. Caroline's children invited their neighbors, friends, and classmates to participate, and the project raised enough funds to purchase 400 fresh turkeys this year. Caroline explained, "We invite our friends and neighbors to make tax-deductible donations to CCM for the purpose of buying the turkeys. We were able to negotiate a great rate with Food Lion." Paul Cribb, CCM Operations Manager, picked up the

turkeys in CCM's truck and the Stopyra children and their friends spent the afternoon loading the holiday birds in the freezer at the food pantry.

Caroline noted that having families work together on the project is especially important to her. "It is fun for the kids and if we can create a desire to give back to the community within our children, then we have done something beneficial." After the group finished, the hard-working crew headed back to the Stopyra home for desserts and hot chocolate.

The Stopyra family will host its next turkey delivery on **Saturday, November 3, 2018**, and invite anyone who is interested to participate. Check CCM's website and Facebook page for further information as the date draws near.

Thank you to the Stopyra family for creating a family tradition of giving.



GIFT OF THE MONTH

January: Toilet tissue
February Beef stew
March: Boxed instant potatoes and flakes

Some essential items can't be purchased with food stamps. Please consider donating one or more of the following: dish detergent, shampoo, disposable diapers, feminine hygiene supplies, bath soap, laundry detergent, and deodorant.

DROP-OFF HOURS:

Winston-Salem Location

Monday-Friday:
9:00 a.m. - noon and
1:00 p.m. - 4:00 p.m.
Tuesday afternoon:
1:00 p.m. - 7:00 p.m.

Kernersville Location

Monday-Friday:
9:00 a.m. - noon
Tuesday & Thursday:
1:00 p.m. - 4:00 p.m.

SAVE THE DATE:



If you prefer to receive our newsletters via email, please email give@crisiscontrol.org.

Do You Have a New Year's Resolution?

by Vicki Jones, Director of Community and Volunteer Relations

Have you always wanted to volunteer, but just haven't gotten around to exploring your options? The New Year is an excellent time to begin your volunteering career. Crisis Control Ministry needs 75-100 volunteers daily to help meet the needs of our neighbors. Even though the economy is improving, people still need help with rent/mortgage, utilities, prescription medication, and food.

Below are a few of the opportunities available:

- Interviewer
- Telephone receptionist
- Computer clerk
- File clerk
- Food room and warehouse assistant
- Pharmacist
- Pharmacy technician assistant
- Bulk mailing assistant (on call)
- Community ambassador (on call)
- Poverty simulation volunteer (on call)
- Committee members
- Virtual prayer partner
- Congregational liaison



Please contact Vicki Jones at 336-724-7875 ext. 1043, volunteer@crisiscontrol.org, or visit www.crisiscontrol.org for more information or to schedule a tour of the ministry.



Byron Bullard



Ed Hightower

Saying Farewell *by Kathy Hoffner, Director of Kernersville Office*

Volunteers mean so much to us at Crisis Control and it's always difficult to say goodbye to faithful workers. Two valued volunteers retired in Kernersville this fall after 10 years of service.

Byron Bullard volunteered in our Kernersville Client Choice Food Pantry. Not only did he help clients shop and restock the pantry shelves, he also went above and beyond. While volunteering on Wednesdays, he noticed that the office trash cans were almost full. After learning that the cleaning crew only worked on the weekends, he began coming in early to empty all of the trash cans in the building. In addition to his 'trash duty,' he also made weekly trips to Lowes Foods to collect donations for our pantry. We will all miss Byron, especially the Wednesday morning crew.

Ed Hightower volunteered both as an interviewer and in the food pantry. We depended on Ed two days per week. Ed also made donation pick-ups at Lowes Foods for us. When he started 10 years ago, he said he intended to volunteer for a year or two, but he enjoyed coming to CCM so much he just kept coming. The volunteers and staff will miss Ed Hightower, not just for picking up our donut donations from In-Town Donuts, but also for his dedication to the ministry.

Thank you, Byron and Ed, and all of our faithful volunteers.

"To show great love for God and our neighbor we need not do great things. It is how much love we put in the doing that makes our offering something beautiful for God." — Mother Teresa

Welcome New Board Members *by Shannon Heck, Philanthropy Associate*

Crisis Control is delighted to welcome two new members to our Board of Directors. Margaret Elliott, Executive Director, said, "We are so happy that Katy and Mary Ann have agreed to share their time and talents with CCM. They bring a wealth of talent and experience to our Board."

Mary Ann Davis received a Bachelor of Arts degree in English from Salem College and a Master of Arts degree in Elementary Education from Gardner-Webb. She taught in the Winston-Salem/Forsyth County Schools from 1974 to 2009. She also worked as both Professor and Director in the Department of Teacher Education at Salem College from 2000-2015. Mary Ann is a member of Knollwood Baptist Church and is originally from Laurinburg, NC. She is the mother of Trey who is a minister in Raleigh and Chrissy who is the Director of Children's Ministry at Knollwood Baptist, and the grandmother of five girls.

Born and raised in Dublin, Ireland, **Katy O'Kennedy** came to North Carolina in 1990. Intending to stay for a year, the warmth and welcome of the south made it impossible for her to leave. Katy has worked in FMCG companies throughout her career, starting as a marketing assistant at Planters Lifesavers and ending up at HanesBrands in the Brand Champion group. Upon leaving HanesBrands, Katy became a marketing consultant for Gold Toe Moretz and Gildan. She then set up her own small Internet business, Silver Edge Gear, marketing products designed to stop the "stink" of sports gear. Katy is married to Eddie Ingle and has two sons, Peter (18) and Niel (16) and a pug named Lola. Katy enjoys restoring old houses, traveling, listening to books and spending time with friends, as well as volunteering in our pharmacy.



Mary Ann Davis



Katy O'Kennedy

WEE CARE!

C E R E A L D R I V E



March 1-23

Help Crisis Control during National Nutrition Month in March with our **Wee Care!** annual cereal drive.

To find out how your daycare or school can get involved, call Tricia Murphy at 336.724.7845, ext. 1040 or email tmurphy@crisiscontrol.org.



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2017 FISCAL YEAR HIGHLIGHTS

Services Provided

\$3,013,912

TOTAL VALUE

15,458*

TOTAL PEOPLE SERVED

* May represent more than one service per person.



4,489

People Served
Food Assistance

Value: \$472,672**

**Includes in-kind donations



2,199

People Served
Rent/Mortgage Assistance

Value: \$433,595



2,473

People Served
Utilities Assistance

Value: \$200,306



5,615

People Served
Pharmacy Assistance

Value: \$1,813,053



Outreach Services

Value: \$94,286
682 people served

555

of Volunteers

\$2,070,036

Savings

We appreciated our volunteers who not only did the work of the ministry, but saved the organization in expenses.

We conducted

7,285

client interviews and provided

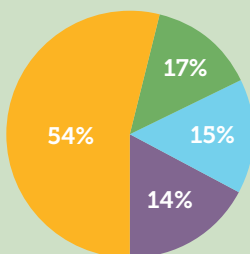
\$3,013,912

worth of services.



Revenue Received

Individuals	\$1,216,576
Foundations	\$370,941
Churches/Congregations	\$346,619
Businesses/Corporations	\$329,130
TOTAL	\$2,263,266



28,449

Prescriptions filled at our Licensed Free Pharmacy, with a value of \$1,813,053 and provided at an expense of only \$235,812 to the ministry.