the ministry **messenger**

Spring 2019 A Publication of Crisis Control Ministry

Neighbors Helping Neighbors

Retirement Best Wishes and Congratulations to Vicki Jones!

By Margaret Elliott, Executive Director

After a remarkable 21 years, Vicki Jones has announced she will retire from her position of Director of Volunteer and Community Relations here at Crisis Control Ministry in June.

Crisis Control has always counted on volunteers to provide the services of the organization, meaning we wouldn't exist without them!

During Vicki's tenure the volunteer program has blossomed into a vibrant, professional, and now nationally certified Service Enterprise Initiative by the Points of Light Foundation.

It wasn't hard to get feedback from volunteers and staff when I asked them to share something that they appreciate about Vicki (see below).



Vicki shared with me that she has loved meeting and talking with thousands of potential volunteers through these many years. She has been a wonderful advocate for the work and service provided each day here at CCM

At the same time we are thrilled for her welldeserved retirement and know that she will continue to inspire others. To say she will be missed is such an understatement. She is one of those rare people who instantly becomes a friend instead of just a coworker. There are no words to truly reflect how much we will miss working with her. Godspeed to this good and faithful servant.

A Few Words From Our Staff and Volunteers:

"Vicki deeply cares about people and shows that in "It's simple for me. I responded to an ad for fair many ways. She also has a great sense of humor."

"Vicki is kind to every volunteer, whether that person is a Board member, a corporate oncea-vear volunteer, a teenager getting required school service hours, or a young child. She finds an appropriate job for each and makes them all feel needed and appreciated."

"Vicki is always kind and understanding. She takes time to talk with me about volunteer issues or advice. Oh, and she dresses cute too!" volunteers on the internet. They didn't need any more but Vicki asked me to come in for a tour of CCM. She told me about options, and sold me on CCM. I probably would not be here if not for her enthusiasm."

"I will never forget my first tour of CCM. Vicki treated me as if I was the answer to a prayer. Her zeal for CCM flowed out of her and she made me feel like my volunteer work was an answered prayer. We are going to miss her shenanigan stuff and cute shoes for sure!"

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CCM's Healthy Eating Initiative Convincing Youth to Eat Healthy

By Carol Wilson, Community Engagement Coordinator

Community gardens like the one sponsored by Crisis Control's Healthy Eating Initiative allow children to plant, harvest, cook, and eat the fruits of their labor. In the LaDeara Crest neighborhood in east Winston-Salem, children from the local YMCA after-school program love preparing and enjoying vegetables from the LaDeara Crest Helping Hand Community Garden.

From weeding garden beds to picking produce, children in this community also have learned to cook with food and herbs from the garden. They are as much of the garden team as the adult residents and are excited to see the growth from their work.

In an effort to involve the students in food preparation and encourage them to try new foods, one of their first activities last August was to develop a code of conduct for each garden visit. No running, no stepping on plants, and no eating directly from the garden are the golden rules. The students review the rules at each visit before entering the garden to keep everyone accountable for their behavior.

After growing their harvest, students use each cooking experience to learn about food sanitation



and safety. Habits like these increase their reading, comprehension, communication, math, and nutrition skills. During each visit, three to four students are selected to prepare a meal for their peers. Last fall, for example, students prepared spaghetti squash with tomato sauce, salad greens, and potatoes with onions. Over the winter, students cooked Brussel sprouts, homemade applesauce, and acorn squash.

The YMCA LaDeara Crest after-school students are excited about the spring season and look forward to a season full of planting, watching their seedlings grow, harvesting their crops, and continuing a healthy living and learning experience.

Planning for the Future: Leaving a Legacy

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart." — Helen Keller

Crisis Control Ministry works daily to meet the immediate food, shelter, and prescription needs of the less fortunate in Forsyth County. Every day, we open our doors not knowing who will come or what their needs may be...but we plan knowing that assistance will be needed.

Are you 70-1/2 or older? If so, you can donate up to \$100,000 from your IRA directly to a qualified charity such as Crisis Control without having to pay income tax on those funds. For more information, please contact your financial advisor. As you create your own financial plans, the question of where to allocate the rewards from a lifetime of work can be difficult to answer. A legacy gift to Crisis Control may be one good solution. And the benefits your gift can bring to those in need of assistance are immeasurable.

A charitable bequest is one of the easiest ways to make an impact and leave a lasting legacy to an organization whose mission you already support.

As always, your gift will support a strong organization with a mission that's remained constant since its founding 46 years ago—to assist people in crisis and encourage self-sufficiency. Your planning can ensure that families in crisis will continue to receive the assistance they need and share hope for a better tomorrow.

For more information on Leaving a Legacy, please visit our website at crisiscontrol.org or talk with your financial advisor or attorney.

Spring Food Pantry Gifts of the Month

April: Instant Grits May: Instant Oatmeal June: Canned Meats (Salmon, Beef, Spam, Tuna)

DROP-OFF HOURS:

Winston-Salem Location Monday-Friday: 9 a.m.-noon & 1 p.m.-4 p.m. Tuesdays until: 7 p.m.

Kernersville Location Monday-Friday: 9 a.m.-noon Tuesday & Thursday: 1 p.m.-4 p.m.

SAVE THE DATE

A Night of Worship: Remembering Luke White

- Saturday, June 22, at 6 p.m.
- North Point Church 5225 High Point Road, Kernersville
- Special Guests: The Shepherds, Olivia White Jarrell, 11th Hour, and the North Point Choir directed by Jeff and Dana Marshburn
- Admission: nonperishable food items for Crisis Control Kernersville

Shmedfest

- Saturday, August 24
- Music, Food & Fun!
- Benefitting Crisis Control



Music, Food & Fun!

CCM does not share donor information with anyone. To notify us about a change of address or to receive CCM newsletters electronically, please email us at give@ crisiscontrol.org.

Volunteer Appreciation Week: Celebrating Special Service

April is National Volunteer Month, dedicated to honoring and encouraging volunteers in our communities.

At Crisis Control, we recognize the thousands of volunteers who have made our work possible over the past 46 years, and especially thank our weekly and special project volunteers—853 in all—who made a real difference in the past year.

Winston-Salem volunteers are being recognized at catered luncheons each day during Volunteer Appreciation Week, April 8-12. A special luncheon for Kernersville volunteers at Captain Tom's Seafood Bar is planned for April 10.

Pictured below are just a few of our wonderful, dedicated volunteers.







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Matching donations double the IMPACT of your gift between now and April 30.

Help us feed the hungry by making your gift today!





Eat Out! Take Out! Help Out!

Dine out for a great cause on Tuesday, May 7, at participating restaurants that donate 10% of their sales to Crisis Control Ministry. Whether it's breakfast, lunch, dinner, or sometime in between, you'll be helping others with every bite!

Find restaurants at hopedujour.org

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