

## **Recommended Items to Donate:**

- Peanut Butter & Jelly
- Canned Potatoes or Carrots
- Canned Greens (Spinach, Kale, Collards)
- Canned Fruit
- Grits & Oatmeal
- 100% Fruit Juice
- Hand Sanitizer & Hand Soap
- Toilet Tissue & Paper Towels
- Cleaning Supplies
- Hygiene Items

- Canned Meat (Tuna, Salmon, Chicken, Beef, Ham)
- Baking Items (cake mix, muffin mix, etc.)
- Spices
- Cooking Oil
- Canned Beans (Pinto, Kidney, Black, etc.)
- Snacks
- Canned Soup
- Can Openers

## Drop off donations Monday-Friday from 9 AM - 2 PM

Crisis Control Ministry, 200 E. Tenth St., Winston-Salem Crisis Control Ministry of Kernersville, 431 W. Bodenhamer St., Kernersville

## Prefer to give a financial gift?

Donate online at crisiscontrol.org or mail in your donation to Crisis Control Ministry, 200 E. Tenth Street, Winston-Salem, NC 27101.



**Neighbors Helping Neighbors**