



# 2023 GIFT OF THE MONTH

## January

Canned Soup &  
Crackers

## May

Applesauce  
(Please no glass jars)

## September

Canned Greens  
(Collards & Spinach)

## February

Instant Potatoes

## June

Canned Meats  
(Salmon, Beef, Spam, Tuna)

## October

Beef Stew

## March

Canned Fruit

## July

Toilet Tissue

## November

Sugar, Flour, &  
Baking Items

## April

Instant Oatmeal  
& Grits

## August

Peanut Butter & Jelly

## December

Canned Mixed  
Vegetables



**Crisis Control**  
MINISTRY

Neighbors Helping Neighbors

[www.crisiscontrol.org](http://www.crisiscontrol.org)